

The 18th Annual Dental Hygiene Symposium

**October 1-2, 2010
Embassy Suites
Myrtle Beach
Oceanfront Resort
Myrtle Beach, SC**

Symposium Theme

**“Health, Fitness, and
Dentistry”**

**Healthy Living for You,
Your Patients,
and Those You Love!**

CORPORATE SPONSORS

Kerr TotalCare

Millennium Dental Technologies, Inc.

OralDNA Labs

Paradise Dental Technologies

Patterson Dental

Schedule of Events

18th Annual Dental Hygiene Symposium SCDHA 2010 – 56th Annual Session

Healthy Living: For You, Your Patients, and Those You Love

Thursday, September 30, 2010

3:00 p.m. – 7:00 p.m. Exhibitor Set-up

7:00 p.m. – 9:00 p.m. SCDHA Executive Board Meeting

Friday, October 1, 2010

7:00 a.m. Registration Opens

7:30 a.m. – 1:30 p.m. Exhibits Open

8:00 a.m. – 10:15 a.m.

Keynote Address – The New Frontier for the RDH

Hygienius™: Sharpening and Instrumentation Pearls for Hygienists

Learn what's new in instrument design and adaptation for advanced instrumentation that will improve your technique while saving time and energy. Review the different sharpening systems available and learn how to sharpen for the ultimate cutting edge. **Bring at least one of the following and a sharpening stone: Favorite Gracey, Universal Curette, Anterior Sickle, or Posterior Sickle.**

Speaker: Susan Wingrove, RDH, FADIA – Health, fitness and dentistry have interwoven for all of Susan Wingrove's adult life; as well as freelance writing, public speaking and hands-on training. She served as a writer, trainer and National/International speaker for the National YMCA from 1980-1990. With degrees in Dental Hygiene and Certified Dental Assisting, she has over 30 years in dentistry. Currently, Susan practices dental hygiene in a progressive cosmetic dental office providing smile analysis, perioplastic evaluations, periodontal, laser, and peri-implant therapy. Outside the office, she does regeneration research as a consultant for Regena Therapeutics and instrument design for Paradise Dental Technologies, Inc. Susan also conducts lectures and hands-on seminars as a Fellow/certified trainer for the Association of Dental Implant Auxiliaries and the Implant Consortium.

Sponsor: Paradise Dental Technologies, Inc.

2 CEUs

10:30 a.m. – 11:30 a.m. SCDHA 1st Business Meeting

11:45 a.m. – 12:45 p.m.

New Products Presentation

6 Presenters

1 CEU

Health, Fitness and Dentistry is the theme for this year's Dental Hygiene Symposium. The courses presented at this symposium will touch on various aspects of healthy living for the dental hygienist such as fitness and nutrition, comfort at work (Ergonomics), motivation, mental health and whole body health. Come and be a part of this exciting two-day event. The information could change your life.

1:00 – 2:00 p.m.

Lunch & Learn (for the RDH and Students)

Your Mouth, Your Body, Your Health: Redefining the World of Oral Medicine

The role of dental professionals in total health is more important than ever. Understanding salivary diagnostics and molecular testing in the diagnosis and treatment of periodontal infections is the “new standard of care” in soft tissue management. It is a vitally important step toward a new standard of care for the health of your patients.

Speaker: Sandra Boucher-Bessent, RDH, BS – A graduate of the University of North Carolina in Chapel Hill, Boucher-Bessent has worked in a variety of solo and group practices as well as in a navel dental clinic. She also has worked in dental research and as a clinical adjunct professor. Boucher-Bessent is a North Carolina Certified Public Health Dental Hygienist and served as the program manager in a community oral health program. She served three years as the National Program Director for the National Children's Oral Health Foundation. Today, she works as a Clinical Specialist for OralDNA Labs, a Quest Diagnostics company, where she educates oral health professionals on cutting edge microbiological testing procedures to help them achieve better treatment outcomes.

Sponsor: OralDNA Labs

1 CEU

2:15 p.m. – 5:00 p.m.

Is There Anything Interesting about OSHA and Infection Control?

Based on science but grounded in clinical reality, this course reviews and updates OSHA-required training topics for ordinary and extraordinary situations, including general safety issues such as physical and chemical risks, and infectious disease transmission and control. Patient screening for aerosol transmitted diseases (ATDs), transmission-based precautions for infectious individuals, and Standard Precautions are presented. A lively mix of activities, demonstrations, stories, prizes, and products keep this class engaging and “real.”

Speaker: Nancy Andrews, RDH, BS – Nancy graduated from and taught at University of Southern California School of Dentistry, and practiced dental hygiene for 20 years. She is a professor at West Coast University, Dental Hygiene Bachelor of Science program. Nancy presents at major meetings across the nation, focusing on infectious diseases, clinical safety, disaster preparedness, instrument sharpening, California Dental Practice Act and ergonomics. She is one of the top 100 national speakers, is on the California Dental Association, ADA and OSAP speakers/consultants bureaus and is a widely published author.

Sponsor: Kerr TotalCare

3 CEUs

3:15 p.m. – CPR

5:00 p.m. – 6:30 p.m. President's Reception/Happy Hour/Live Auction – Shop 'til You Drop!

Schedule of Events

Saturday, October 2, 2010

7:15 a.m. – 8:00 a.m. Pilates on the Beach by Marcia Adair

7:30 a.m. Registration Opens

7:30 a.m. – 1:30 p.m. Exhibits Open

8:30 a.m. – 10:30 a.m.

Multiple Uses of Lasers in Periodontal Therapy

The course will cover the new laser-assisted new attachment procedure (LANAP) and will address the use of laser in implant surgery, failing implants, periodontal surgery extractions as well as its use in hygiene patients. There also will be discussion of its use to treat herpetic lesions, pathos ulcers and much more.

Speaker: Jeanne L. Fourrier, D.D.S., M.H.S., P.A. – Dr. Fourrier is in private practice in Periodontics in Surfside Beach and Georgetown, SC. She has training and licensure with the Millenium ND Jag Laser LANAP procedure of treating periodontal disease, training directly under Dr. Ray Yukna, one-on-one, in Denver, CO. Dr. Fourrier attained a BS in Dental Hygiene and her D.D.S. from the LSU School of Dentistry and a Masters of Health Sciences and a Certificate of Periodontics from the Medical University of South Carolina.

Sponsor: Millennium Dental Technologies

2 CEUs

10:45 a.m. – 12:45 p.m.

Oh, My Aching Back! Ergonomics and Back Health

Back and neck pain can affect your work life and personal life. This lively workshop will review abdominal, chest, back and neck musculoskeletal anatomy and proper ergonomics for the practice of dental hygiene and dentistry. How do personal trainers assess postural deviations and correct them with exercises? Can you be more comfortable and pain-free every day? What is the connection between stronger abs and less back pain? Learn, try and take home a simple program specifically targeting abdominal and back muscles. **Please wear comfortable clothes and bring a towel.**

Speaker: Marcia Adair, RDH – Marcia Adair is a personal trainer and group fitness instructor and Pilates instructor from Evans, GA. A former registered Dental Hygienist, she now focuses on health and fitness, with a special interest in back-care and wellness in the workplace. She has developed and presented her energetic and practical workshops nationally.

Sponsor: SCDHA

2 CEUs

1:00 p.m. – 2:00 p.m.

Lunch & Learn

How to Eat for Sustained Energy – To Avoid Afternoon Slumps

Speaker: Marcia Adair, RDH

1 CEU

2:15 p.m. – 4:15 p.m.

Recognition and Reporting of Child and Elder Abuse for the Dental Professional

Millions of Americans are affected every year by child and elder abuse. This abuse takes on a variety of forms including neglect, physical sexual and emotional abuse. Often the dental professional may be the only allied health professional to have close personal contact with victims. Given the opportunity for diagnostic interviews, collection of relevant histories and physical examinations hygienists and other dental professionals are likely to be the first, and perhaps only, source of discovery for symptoms and evidence of abuse. Others may be confided in by patients with details of yet undiscovered abuse. This course will address the prevalence, course and etiology of abuse, recognizable symptoms of abuse and mandated reporting requirements and other relevant South Carolina law in addition to the pragmatic concerns for comprehensive patient care.

Speaker: Robert C. Nelson, Psy.D. – Dr. Nelson is the Assistant Director and Chief Psychologist for Greenville Mental Health Center of the South Carolina State Department of Mental Health. He is a Senior Consultant with Baron Center, Inc., an international consulting firm, speaking nationwide and conducting advanced training seminars. Dr. Nelson earned a B.A. in Religion, Sociology and Psychology from Whitworth College, a M. A. in Marriage & Family Therapy and a Psy.D. in Clinical Psychology from United States International University. He published his research on “*Homicidal Adolescents – Understanding Kids Who Kill*” and specializes in threat assessments and school shootings.

Sponsor: SCDHA

2 CEUs

4:15 p.m. – 5:00 p.m. SCDHA 2nd Business Meeting

Symposium 2010 News

Think Green at SCDHA

The 2010 Dental Hygiene Symposium is **going green!** In order to be as environmentally friendly as possible, a majority of the handouts for this year’s symposium courses will be posted on the website. Notification will be sent to each registrant as to how to go online and download handouts prior to the meeting. This brochure has been printed on recycled paper.

Refund Policy

Pre-registration deadline is Monday, September 20, 2010. Registration fees less a \$15 service charge is refundable if requested before that date. Written requests for a refund, less a \$25 administrative charge, will be granted if received by Friday, September 24, 2010. No refunds after September 24, 2010.

Symposium 2010 Can Help with Your Shopping

Get a head start on your holiday shopping at the 18th Annual Dental Hygiene Symposium. We’ll have a jewelry sale featuring a wide selection of items. Bring your shopping list or look for something for yourself.

INQUIRIES

Inquiries regarding pre-registration forms should be directed to: Shera Davis, RDH, Treasurer, at treasdavis@aol.com or 864-834-1809, evenings.

Inquiries regarding general and course information should be directed to JoAnn Rice, RDH, CE Chair, at jorice1@charter.net or 864-354-6858.



Hotel Information

**Hotel Reservations
Embassy Suites Myrtle Beach
Oceanfront Resort
9800 Queensway Blvd.
Myrtle Beach, SC 29572
1-843-497-1500**

Make your hotel reservations early!

Reservations may be completed by calling the phone number listed above or by using the Online Personalized Group Page at the web page address listed below:

http://embassysuites.hilton.com/en/es/groups/personalized/MYRESES-SDH-20100929/index.jhtml?WT.mc_id=POG

In order to secure the special hotel rate for our group when making your reservation either online or by phone, please provide the following group convention code: SDH

Rate: \$149.00 Single or Double Occupancy

Room rates are exclusive of taxes and fees. An additional \$20 will be added to the above suite rates per adult, per suite above double occupancy. Our hotel rates include a complimentary buffet breakfast and complimentary managers reception 5:30 – 7:30 p.m. per person, per day.

Deadline for making hotel reservations is no later than August 30, 2010. After this date, rooms are subject to availability and regular room rates. If the contracted number of rooms is filled prior to the above date, rooms are again subject to availability and regular room rates. **So please reserve your room early!**

Symposium Registration

Pre-registration deadline is September 20, 2010.

Full Name _____
 First Name (for Badge) _____
 Circle One RDH DDS DMD CDA/DA STUDENT
 Address _____
 City _____ State _____ Zip Code _____
 Phone (work) _____ (home) _____ (cell) _____
 E-mail Address for Confirmation _____
 Name of School (if student) _____
 ADHA Membership Card ID# _____

SYMPOSIUM FEES	FULL SYMPOSIUM	SINGLE DAY**
Member ADHA	_____ \$130.00	_____ \$105.00
Non-Member ADHA	_____ \$185.00	_____ \$130.00
Student ADHA Member	_____ \$ 40.00	_____ \$ 40.00
Student Non-Member ADHA	_____ \$ 50.00	_____ \$ 50.00

****Single Day Registrants: Circle the day you will attend: Friday Saturday**

LIMITED ATTENDANCE FUNCTIONS:

To register for the following functions, you must be registered for the FULL or SINGLE DAY Symposium. Luncheons limited to the number in parentheses.

Friday, October 1, 2010 Events

Lunch and Learn – RDHs	_____ \$ 27.00	_____ \$ 27.00
Lunch and Learn – Students	_____ FREE	_____ FREE

(To reserve a plate, students **MUST** check FREE if plan to attend LUNCH.)

(For RDHs, this Lunch and Learn is limited to the first 80 to register.)

Saturday, October 2, 2010 Events

Lunch and Learn (limited to 75)	_____ \$ 27.00	_____ \$ 27.00
CPR (limited to 25)	_____ \$ 45.00	_____ \$ 45.00
Late fee (after September 20, 2010)	_____ \$ 25.00	_____ \$ 25.00

TOTAL PAYMENT \$ _____ \$ _____

_____ **CHECK HERE IF YOUR PREFERENCE FOR LUNCH IS VEGETARIAN**

Make checks payable to **SCDHA** and mail to Shera Davis, RDH • 444 Hindman Road • Travelers Rest, SC 29690. Online registration at **www.scdha.org**. A check must still be mailed before pre-registration deadline to above address. **We do not accept credit cards. Pre-registration deadline is September 20, 2010. Late fees apply after that date. REFUNDS: See detailed policy – NO EXCEPTIONS! CONFIRMATIONS: will be sent by e-mail to the e-mail address you provide at the top of this form.**

**Shera H. Davis
444 Hindman Road
Travelers Rest, SC 29690**

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**Attend both days of
the Symposium and
stay two nights at the
hotel to be entered
into a drawing for one
free hotel night stay at
the host hotel for the
2011 Symposium.**